



המשרד לקליטת העלייה  
Ministry of Immigrant Absorption

ENGLISH

מדריך לאולפנים

A Guide to Ulpan Study

עיצוב: סטודיו הראל

אנגלית

מדריך לאולפנים



מדינת ישראל

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A Guide to Ulpan Study – Fifth Edition

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**Ministry of Immigrant Absorption**

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## Hebrew Ulpan

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For those who do not know what 'ulpan' is, welcome to your first Hebrew lesson. Technically, the word means 'studio,' but it also denotes intensive Hebrew language instruction designed to give new immigrants (and other students) maximum Hebrew proficiency within a minimum amount of time. In Hebrew ulpan, you will learn to speak, read, and write in Hebrew, as well as begin to familiarize yourself with Israeli society.

The importance of Hebrew ulpan as part of the absorption process cannot be overemphasized. The language skills you acquire in ulpan will benefit you through every phase of your absorption, including finding a place to live, looking for employment, and building relationships with veteran Israelis. During ulpan you will learn about and experience Israeli society, politics, and culture, while getting to know those institutions, authorities, and agencies that you will be dealing with in the future.

It is worth noting that in many public sector institutions, proof of completion of Hebrew ulpan can count towards six months of seniority (*vetek*) for the purposes of determining salary.

This booklet presents a basic guide to Hebrew ulpan options in Israel.

At the back of this booklet you will find a feedback survey about this publication. We would appreciate you taking the time to fill it out and return it to us, in order that we may improve future editions.

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The information in this booklet is accurate as of the date of publication. However, due to periodic changes in regulations, programs, and ulpan locations, you should refer to this brochure as a general guide only. For up-to-date information regarding ulpan programs, contact your personal absorption counselor at the Ministry of Immigrant Absorption. Information about ulpan study may also be obtained at the Ministry of Immigrant Absorption's Web site: [www.moia.gov.il](http://www.moia.gov.il).

**Note:** This is the fifth edition of this booklet, and hereby nullifies all previous editions. Information in this booklet is based on data provided by various official sources. Details are subject to change. In case of discrepancy, the regulations of the Ministry of Immigrant Absorption and other official bodies will prevail.

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## Registering for Ulpan

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It is important to register at a Hebrew ulpan as soon as possible after obtaining new immigrant (*oleh chadash*) status in Israel.

In order to find out about ulpan options, see your personal absorption counselor at a local office of the Ministry of Immigrant Absorption (see Useful Addresses). The counselor will confirm your eligibility for a subsidy of your ulpan study, and refer you to non-residential, Ministry-approved ulpanim in your area. The counselor will also provide you with a voucher exempting you from tuition payment. Be sure to telephone your personal absorption counselor in advance in order to arrange for an appointment.

**Note that your personal absorption counselor cannot place you in kibbutz ulpan, or various absorption programs of the Jewish Agency.** If you are interested in such options, you must make arrangements prior to aliyah through your aliyah shaliach or kibbutz shaliach. If you are already in Israel, consult with the Jewish Agency or the kibbutz movements. Once you have made aliyah, it is usually not possible to arrange for placement in an absorption facility. However, you may be able to attend ulpan classes at Jewish Agency absorption center ulpanim that are open to non-residents. To find out which Jewish Agency ulpanim are open to non-residents, and may be funded through the Ministry of Immigrant Absorption, see your personal absorption counselor.

Once you have selected an ulpan, you must obtain a signed confirmation of registration (*ishur harshama*) from the ulpan administration. The confirmation must then be submitted to your personal absorption counselor, who will process your paperwork.

Note that the personal absorption counselors can only provide you with information and counseling regarding Hebrew study options, as well as arrange for a subsidy of your studies. While personal absorption counselors can assure your placement in an ulpan, they *cannot* guarantee placement in any specific ulpan at a specific time.





Although ulpan programs are offered throughout the year, commencement of classes is usually contingent upon sufficient enrollment. If there is no class available in your immediate area, you will be referred to an ulpan in the nearest possible location.





## Receiving Assistance for Ulpan Study

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New immigrants over the age of 17 are usually entitled to funding for their initial ulpan studies, known as ulpan *a/ef*. The assistance consists of a one-time sum that covers all or part of the tuition, depending on the ulpan. A subsidy for ulpan is generally available only during the first 18 months following the date of aliyah. To verify your eligibility, contact your personal absorption counselor at the local office of the Ministry of Immigrant Absorption (see Useful Addresses).

In certain cases, such as illness, it may be possible to receive an extension of the eligibility period.

It is recommended, whenever possible, to coordinate ulpan study with the seven months of Absorption Basket payments, which are designed to cover living expenses during the period of ulpan. If your ulpan study takes place following the period of Absorption Basket assistance, and you are not employed, you may be eligible for assured income payments from the Ministry of Immigrant Absorption. Consult with your personal absorption counselor for details of eligibility and other criteria.



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**Note:** for more information, see also the booklets entitled “The Absorption Basket,” and the “Guide for the New Immigrant,” available from the Publications Department. See the order form at the back of this booklet.

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In some cases, immigrants that receive income assurance from the National Insurance Institute may be exempt from ulpan fees for up to two years from the time of their aliyah. Consult with your personal absorption counselor for more details.



## Ulpan Alef

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Ulpan *alef* is the initial ulpan to which all new immigrants are entitled within their first 18 months in the country. It is the *only* ulpan that the State of Israel is obligated to make available to you. No immigrant is required to take ulpan classes, although it is strongly recommended that you take advantage of the opportunity. Completing ulpan during your initial months in the country will accelerate your process of adjustment and give you significant advantages, especially when you begin seeking employment. Remember that in most cases you will not be eligible for subsidies for ulpan study after your first year and a half in the country. Once you have started working full-time, it will become more difficult to find time for Hebrew studies. Therefore, it is important to register at an ulpan as early as possible, and to put maximum effort in your Hebrew studies during the first six months following aliyah. Once you are enrolled, try your best to stick out the entire period of study. It's worth it!

It is also worth noting that completion of ulpan can count towards six months of seniority for persons employed in public sector positions.

Ulpan *alef* generally operates on the premise that you have no Hebrew background. Most students are initially placed into a beginners class. If your Hebrew is already beyond the primary level, you will usually have the opportunity to begin at a more advanced level. The instructor will assess your progress throughout your studies, and recommend placement in an appropriate level for you based on your rate of learning.

Completing ulpan *alef* normally takes about five months, demanding, on average, 25 hours of study per week. The primary areas of study are reading comprehension, writing, grammar, spoken Hebrew, and listening-comprehension. Since many students find that an insufficient amount of time is devoted to conversational Hebrew and listening-comprehension in the classroom, you may want to work on these areas outside of ulpan by interacting with native Israelis, listening to the radio, watching television, and so on.

By the conclusion of ulpan *alef*, most students will have acquired functional Hebrew, and gained basic knowledge about Israel.



There are two general *ulpan alef* options:

- *Ulpan boker* - morning ulpan.
- *Ulpan erev* - evening ulpan.

Both types of ulpanim usually entail a total of 500-540 hours of study.

Most new immigrants opt for *ulpan boker* (morning ulpan). The majority of *ulpan boker* courses are intensive in nature, lasting for 5 months and held 5 days a week - Sunday through Thursday - usually from 8:00 or 8:30 a.m. until 12:30 or 13:00 p.m. *Ulpan boker* is recommended if you are not yet employed, or if you work only during the afternoon or evening. Intensive *ulpan boker* students tend to gain a stronger general command of the language (reading, writing, grammar, and listening-comprehension) by the conclusion of their studies than students in non-intensive courses.

*Ulpan erev* (evening ulpan) is also intensive, however the pace is slower. Studies continue for longer than five months, and classes are usually held from Sunday through Thursday, from 17:00-17:30 until 20:00 – 20:30. *Ulpan erev* is especially suited for students who are already employed, and who wish to study Hebrew after work. Because most participants have already entered the workforce, and need to use Hebrew on a day-to-day basis, their verbal communication skills tend to be higher at the conclusion of ulpan than those who study in *ulpan boker*.

There are also some ulpanim that offer less intensive courses in both the mornings and evenings. To find out whether these types of courses are available in your area, contact your personal absorption counselor at the Ministry of Immigrant Absorption.

In most cases, *ulpan alef* programs are fully subsidized by the Israeli government. Be sure to verify with your personal absorption counselor that the ulpan of your choice is covered.

All Ministry of Immigrant Absorption-approved ulpanim are run in cooperation with the Ministry of Education, which determines curricula and is responsible for hiring and training instructors.



Most ulpan facilities are equipped with maps of Israel, VCRs and television monitors, small libraries, and audio devices for listening-comprehension exercises. Many also offer computers for student use.

The majority of ulpan *alef* programs are located in community settings, and are open to anyone who wishes to study, including new immigrants and tourists. In most cases, programs are non-residential, although those operated by the Jewish Agency are usually located in Jewish Agency residential facilities (e.g., absorption centers). There are also a number of ulpanim located on kibbutzim. Remember that if you are interested in residential ulpan options, you must make arrangements prior to aliyah through your aliyah shaliach or kibbutz shaliach. If you are already in Israel, consult with the Jewish Agency or the individual kibbutz movements. Also note that the majority of Jewish Agency and kibbutz programs are intended for young adults, and are not appropriate for older participants or those who have small children.

In addition to the ulpan programs operated by public bodies, there are also several private ulpanim and language institutes, some of which may be funded (fully or partially) through the Ministry of Immigrant Absorption. Your personal absorption counselor can provide you with details but cannot ensure placement.

For a list of ulpan *alef* programs throughout of the country, see the section below entitled "Directory of Ulpan Programs."



## Vocational Ulpan

Knowledge of Hebrew is an essential tool for job success. The Ministry of Immigrant Absorption administers a network of vocational ulpanim for specific professions that incorporate basic Hebrew study (ulpan *aleph*) with professional terminology. Vocational ulpanim are available primarily for engineering/hi-tech and medical professionals. Each ulpan class is complimented by the services of a vocational psychologist and other employment experts. Courses also include English and computer skills as needed.



Many participants in the professional ulpanim find that because the classes are comprised of people like themselves, they offer them a great deal of social and psychological support.

Note that commencement of courses is conditioned on sufficient enrollment and other factors.

For more information, contact your personal absorption counselor at the Ministry of Immigrant Absorption (see Useful Addresses).

## **Ulpan Alef for Health Professionals**

Ulpan *alef* for health professionals emphasizes verbal communication, medical writing, and reading comprehension. Studies are also designed to help students to prepare for licensing exams. Note that many types of medical professionals must pass Hebrew proficiency exams as part of their licensing requirements, and that for the licensing exam preparation course, students must be able to understand and summarize lectures in Hebrew. Classes also focus on acquisition of basic medical Hebrew vocabulary and development of listening-comprehension skills. Courses entail approximately 500 hours of classroom study.

Contact a district office of the Ministry of Immigrant Absorption for updated information on locations and availability of ulpan programs for health professionals.

## **Advanced Ulpan (“Ulpan Bet”) for Health Professionals**

Upon completion of ulpan *alef*, health professionals have the option of continuing their Hebrew studies in “ulpan *bet*.” The duration of the course is approximately 300 hours, and the pace is intensive. For eligibility requirements, see your personal absorption counselor at the Ministry of Immigrant Absorption.

Beyond ulpan *bet*, preparatory courses (*mechina*) in medical terminology are offered for specific groups of health professionals, including physicians, nurses, dentists, and pharmacists. Studies include approximately 160 hours of class time. In most cases, it is necessary to pass a Hebrew proficiency exam as an entrance requirement.



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**Note:** for more information on licensing and recognition procedures, see the booklets entitled “Medical Professionals,” “Nurses,” and “Psychologists,” available from the Publications Department (see the order form at the back of this booklet).

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## **Ulpan Alef for Engineering and Computer/Hi-Tech Professionals**

Ulpan Alef for Engineering and Computer/Hi-tech Professionals generally entails approximately 600 classroom hours. Some 100 hours are devoted to professional terminology and computers.

Check with your personal absorption counselor at the Ministry of Immigrant Absorption for updated information on courses and locations.

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**Note:** for detailed information on licensing and recognition procedures, see the booklets entitled “Engineers and Architects” and “Computer and Hi-Tech Professionals,” available from the Publications Department (see order form at the back of this booklet).

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## **Hebrew Studies for Teachers**

Teachers must be able to speak Hebrew at a very high level. In fact, their command of the language must be superior to that of immigrants in many other professions. Even teachers of foreign languages must be able to communicate with their pupils and colleagues in Hebrew.

In most cases, following ulpan *aleph* immigrant teachers will have to continue their Hebrew studies in training courses organized by the Ministry of Education. The courses cover Hebrew language, Hebrew literature, Jewish studies, Jewish history, Bible, and civics. Courses are held throughout the country, particularly in the larger cities. Studies usually last for between six to nine months.

For information, contact a Unit for Absorption of Immigrant Teachers of the Ministry of Education (see Useful Addresses), and see the booklet entitled “Teachers,” available from the Publications Department (see order form at the back of this booklet).



## Ulpan for Pensioners

Special ulpan *alef* classes are offered for immigrants of pension age. The classes operate according to a program designed especially to meet the needs of older students.

Ulpan for pensioners differs from standard ulpan alef in the following respects:

- The length of the period of study, which is generally 10 months (instead of 5 months).
- The more relaxed pace of study (about 12 hours of class time a week, compared to 25 hours in the regular classes).
- The relative homogeneity, in terms of age, of the course participants (about 90% of the students are between the ages of 59 and 72).
- The greater amount of attention paid by instructors to the needs of older immigrants.

Beyond equipping pension age immigrants with essential Hebrew language skills, the ulpanim tend to offer a warm and supportive social setting for the participants.

For information about ulpanim for pensioners in your area, see your personal absorption counselor at the local branch of the Ministry of Immigrant Absorption (see Useful Addresses).



## Ulpan for Olim with Disabilities

There are a few ulpanim designed especially for immigrants with disabilities. For details, consult with a personal absorption counselor.

## 'Second Chance' Ulpan

'Second Chance' ulpan is designed for those who did not complete their Hebrew studies in a regular ulpan. At the time of publication, the ulpan is offered in a number of cities, with plans to expand the program in the future.



Eligibility is extended to immigrants who have been in Israel for up to 10 years, and who either never studied in an ulpan, did not complete ulpan, or wish to improve their language skills.

'Second Chance' ulpan includes four modules of study:

- Speech and verbal expression.
- Listening comprehension.
- Reading and writing comprehension.
- Writing and written expression.

Students can choose three of the four modules, with studies offered at various levels. Classes are held primarily during afternoon and evening hours. There is a tuition fee.

For more information, or to register for a 'Second Chance' ulpan, contact a branch office of the Ministry of Immigrant Absorption.





## Hebrew Reinforcement Projects of the Ministry of Immigrant Absorption

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The Ministry of Immigrant Absorption supports a variety of projects and programs designed to improve and reinforce Hebrew among different age-groups and populations. Projects include television programming, radio spots, and computerized learning. For details, see the Ministry of Immigrant Absorption Website, or contact a personal absorption counselor.



## Continuing Hebrew Study

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'Supplementary' or 'advanced' ulpanim, sometimes referred to as '*ulpan hemshech*,' or '*ulpan bet*,' are offered from time to time in various locations, and are open to anyone who feels the need to improve their Hebrew. Classes are held mainly during the evening, and require a fee, but discounts may sometimes be available to new immigrants within their first three years of aliyah. Check with your personal absorption counselor at the Ministry of Immigrant Absorption, and the local ulpan administration or admissions office.

Another way to continue your Hebrew studies following ulpan *alef* is through various language-enrichment and Hebrew literature courses offered by regional colleges or the Open University. These courses are generally open to anyone, and are offered on a regular basis. For information, contact the individual colleges in your area.



## Hebrew Study for Students at Institutions of Higher Education

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Hebrew is the language of study at Israeli institutions of higher education. Lectures and workshops are conducted in Hebrew, exams are administered in Hebrew, and at least a percentage of readings are in Hebrew. In addition, you may be expected to submit papers in Hebrew, despite the fact that some professors will accept – or may even prefer – papers in English. Note that even in international school graduate programs where the official language of study is English, attaining Hebrew proficiency is often compulsory. In general, students must reach an aptitude level that allows for understanding classroom lectures, as well as for participation in exercises and workshops.

As part of the admissions process at universities, including *mechina* (preparatory) programs, you will be required to take a Hebrew proficiency or placement exam ('*bechinat miyun*'). This exam is usually graded from level *alef* (beginning) to level *vav* (upper advanced). You may also take a level exam ('*bechinat ramah*'), in order to determine your Hebrew level more precisely. Candidates who score above level *vav* are considered to be at an 'exemption level,' which means, in most cases, that you will be exempt from additional Hebrew study. Should you demonstrate a high level of Hebrew aptitude on the placement exam, you may be offered the opportunity to take the exemption exam ('*bechinat haptor*'). A score of 75% or above on this exam is usually sufficient to gain an exemption from further Hebrew study.

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**Note:** Hebrew proficiency levels as defined by the universities are not equivalent to the levels as designated by ulpanim outside of the universities.

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In most cases, *daled* (upper intermediate) is the minimum level required for university acceptance. This means that applicants that have not passed the *gimmel* level (intermediate) exam, are generally not permitted to enroll as a regular students. Some departments,



e.g. law, medicine, Israel studies, and Jewish studies, demand a higher level (*heh* or *vav*), while others, such as Hebrew linguistics and literature, Bible studies, and Talmud, condition enrollment on passing the exemption exam.

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Note that students are usually required to pass the Hebrew exemption exam before the second year of their studies, and almost always before they graduate. This applies whether or not they are in a pre-academic *mechina* program. This means that many students must take Hebrew language classes (generally for no academic credit) in addition to their regular course schedule. Summer courses and courses during the winter break are usually offered as well.

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Hebrew courses during the semester normally run for 14 weeks and are divided into six levels, ranging from *alef* to *vav*. Class hours generally vary from 6 to 16 per week, depending on the level and program of study. In addition, there are typically a number of elective courses offered, which are designed to improve specific language skills, such as newspaper reading, conversation, and writing composition.

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Note that candidates who completed high school studies overseas, and took the Israeli NITE Psychometric University Entrance Examination in a language other than Hebrew, must take the proficiency exam. Students who study in a *mechina* (preparatory) program usually take the Hebrew proficiency exam as part of their *mechina* studies.

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Although immigrant students may enroll in any ulpan, they are strongly encouraged, if eligible, to learn Hebrew within the framework of one of the pre-academic programs run by the Student Authority, which are designed especially for immigrant students. The programs help prepare you for academic demands, including the Hebrew placement exams at universities, while the dates of operation are coordinated with the opening of the fall and spring semesters.



## Hebrew Ulpanim for Students



### Tochnit Klita Akademit (Academic Absorption Program, Taka)

Tochnit Klita Akademit (Academic Absorption Program, *Taka*) is a special pre-academic program, designed for immigrant students who are exempt from *mechina* studies (see below), and who fit one of the following categories:

- A student who has studied for at least one year at an institution of higher education abroad, and intends to continue studies in Israel.
- A student who has completed a Bachelor's degree abroad, and plans to pursue a Master's degree or graduate-level studies in Israel.
- A student who has been exempted from *mechina* studies by a university.
- A student with a high school matriculation that is equivalent to an Israeli *bagrut*.

All students must meet the following conditions:

- Hold a matriculation certificate recognized as the equivalent of the Israeli *te'udat bagrut*.
- Comply with Student Authority criteria for assistance (age, date of aliyah, background, educational credentials, etc.).
- Complete ulpan *alef* and pass a placement exam in Hebrew.
- For *Taka* Hi-Tech Jerusalem it is necessary to pass an exam in math.

**Taka programs are offered at three locations:**

- Ashkelon Academic College, which is an extension of Bar Ilan University.
- Aba Hushi Absorption Center, in Haifa.
- Taka Hi-Tech Jerusalem, located at Hadassah Academic College, with accommodations at an absorption center in Jerusalem, or in student dormitories. This option is designed for students who intend to pursue studies in the sciences, engineering, or hi-tech.



## Study Tracks

- Ashkelon Academic College – general studies track
- Hadassah Academic College - general studies track, art track (including help preparing a portfolio)
- The Technion – Preparation for studying science and engineering with an emphasis on mathematics, physics & computers

In addition to the regular *Taka* curriculum, a preparatory course for the Psychometric University Entrance Examination is offered. Classes may be held in various languages, based on sufficient enrollment. Participation in the course requires a separate fee, in addition to fees for the program.

Both *Taka* programs commence twice a year - September/October and February/March - and run for approximately five months.

Professional career counseling and guidance are offered throughout the period of studies.

In order to register for *Taka*, you must have a *te'udat oleh*, and copies of your diplomas and degree certificates.

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**Note:** Tuition subsidies from the Student Authority for *Taka* studies are provided in addition to the regular subsidies available to immigrant students. Moreover, the period of study is not counted as part of the three years of assistance for which new immigrants are eligible.

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For more information, or to apply to a program, contact the Student Authority.

## Pre-Academic *Mechina*

In most cases, students are required to take a *mechina* course before being admitted to an institution of higher education.

Pre-academic *mechina* is a one-year university preparatory program that is designed to strengthen immigrant students' skills and knowledge in various subjects. *Mechina* also helps you to prepare for the Psychometric University Entrance Examination and bring you up to the level required for acceptance to various academic tracks.



Within the framework of the *mechina*, students who have not passed the exemption exam in Hebrew are required to take Hebrew classes. It is usually possible to be admitted to most *mechinot* after having completed one ulpan level.

The *mechina* curriculum is based on the requirements of the specific faculty, and generally includes courses in Hebrew, English, Jewish studies, and mathematics, in addition to elective and specialized courses according to the track.

*Mechina* programs run for 8 to 11 months, and entail approximately 35 to 40 classroom hours per week. Most *mechinot* begin in the summer - usually during July or August - and continue throughout the academic year.

In order to be admitted to a *mechina* program, you must have a matriculation certificate or a high school diploma accepted by institutions of higher education in your country of origin. Some candidates may be required to take the Psychometric University Entrance Examination or the American Scholastic Aptitude Test (SAT 1).

For more information contact the Student Authority.

### **The Student Authority**

The Student Authority (*Minhal HaStudentim*) deals with all affairs concerning immigrant students in Israel. Its services include educational guidance and counseling, information on educational options, and financial aid for eligible students. The Student Authority also organizes social and cultural activities, seminars, and tours around the country. All programs that prepare immigrant students for academic study in Israel are run in association with the Student Authority. For more information, contact the Student Authority (see Useful Addresses).



## Kibbutz Ulpan

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Kibbutz ulpan combines half a day of Hebrew study with half a day of work. It is intended for both tourists and immigrants aged 18 to 28, singles and couples without children, in good health, who are willing and able to do physical labor. Immigrants can attend kibbutz ulpan within 12 months of aliyah.

Kibbutz ulpan generally lasts five months. Participants generally work and study for, 8 hours a day, on a rotational basis, 6 days a week.

Two to three persons are housed in one room, and meals are served in the kibbutz dining room. On secular kibbutzim kosher food is usually not available. On religious kibbutzim the food is kosher, Shabbat is observed, and students are expected to conduct themselves accordingly.

All participants in kibbutz ulpan must pay fees.

For more information on kibbutz ulpan and other short-term programs, contact the kibbutz movements (see Useful Addresses).





## Tips for Ulpan Students

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The following list of tips is designed to help you to maximize your ulpan experience. It is based on the advice and experience of ulpan teachers, as well as former students. No doubt you'll discover additional methods on your own.

- Since ulpan is designed to immerse you in the language, Hebrew will almost always be the only language spoken in the classroom. Ulpan instructors are generally not willing to translate terms into other languages. Instead, they will use Hebrew words that students have already acquired, and the context of the material, in order to convey the meanings of new terms. You should prepare yourself accordingly, and bring a Hebrew-English dictionary with you to class.
- It may help to bring a tape recorder to class and make recordings of lessons that you can review at home.
- Show up to every class, if possible, and arrive on time. Ulpan courses progress at a quick pace, and missing even one session can leave you feeling somewhat lost when you return.
- Learning Hebrew is a reciprocal process between you, your instructor, and your classmates. Participate actively in class, assist fellow students who are having trouble, and don't be shy about asking others for help if you need it.
- Devote as much time as possible outside of class to Hebrew study or to speaking Hebrew. 500 hours of class time over 5 months may seem like a lot, but as many students and teachers agree, it is usually insufficient to attain a high level of proficiency. It is recommended to devote at least one hour of study, including the completion of homework assignments, outside of class, per hour of class time.
- Initiate contacts with veteran Israelis. This can help to increase your motivation to learn Hebrew, and give you an incentive to use the language. Don't be embarrassed by mistakes, and accept corrections when they are offered.
- Expose yourself to the Hebrew media, literature, and visual and performing arts. Reading Hebrew newspapers, magazines, and novels, listening to the radio, watching television, and seeing plays



and films, will not only improve your Hebrew, but will also help plug you into Israeli society and culture. Watching educational television programs intended for young children can often be a good place to start. They generally feature a more grammatically correct Hebrew than popular entertainment programs, and the hosts also tend to speak more slowly.

- Play games that require a command of Hebrew, such as the Hebrew version of Scrabble (also called “*Shabetz-Na*”), various trivia games, “*Chai, Tzomeach, Domem*” (Animal, Vegetable, Mineral), and Hebrew versions of Monopoly, Risk, etc.
- Prepare flash cards, which are a traditionally effective tool for memorizing new Hebrew vocabulary.
- Investigate memory-enhancing tactics, such as making cognitive associations between new Hebrew vocabulary and English words.
- While you are in ulpan, try to develop skills, personal strategies, and habits for ongoing language acquisition following ulpan.
- If you have access to the internet, search for on-line lessons and tutorials. You can also access Hebrew study lessons via the Hebrew Reinforcement page of the Ministry of Immigrant Absorption Website: [hebrew.moia.gov.il](http://hebrew.moia.gov.il).
- Finally, don’t be too hard on yourself. Acquiring a new language is a long and extremely difficult process. Be aware of where you need to make improvements, but recognize and appreciate your accomplishments.



## English-Speaking Immigrant Associations

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The English-speaking immigrant organizations offer a wide range of services, including information and counseling about Hebrew study options, as well as information on immigrant rights, vocational assistance, and social activities

For more information about services and membership, consult with the organizations (see Useful Addresses).



## Directory of Ulpan Programs

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The following is a directory of Ministry of Immigrant Absorption-approved ulpanim throughout the country. It includes programs that are both fully and partially subsidized. This list is accurate at the time of publication. However, ulpan programs open and close from time to time, and commencement of courses is contingent upon sufficient enrollment and other factors. Be sure to check with your personal absorption counselor for a comprehensive and up-to-date list of ulpanim in your area.



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Note that the Ministry of Immigrant Absorption does **not** endorse any specific ulpanim listed in this booklet, nor does it guarantee financial assistance for any given program. In order to verify that the Ministry will subsidize your ulpan study, either partially or fully, at any one of the ulpanim listed here, you must see your personal absorption counselor. You must also consult your counselor before contacting any of the ulpanim directly.

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## Jerusalem District

|   |  |   |
|---|--|---|
| <b>Ulpan Alon Shvut</b><br>Alon Shvut   | Tel: (02) 9961666                        | ulpan boker                                   |
| <b>Ulpan Beit Shemesh</b><br>Rehov Aba Na'amat<br>P.O.B. 5107<br>Beit Shemesh 99103 | Tel: (02) 9999877                        | ulpan boker<br>afternoon<br>ulpan             |
| <b>Beit HaAm</b><br>P.O.B. 2188<br>Jerusalem 91021                                  | Tel: (02) 6254156                        | ulpan boker                                   |
| <b>Beit HaNoar Halvri (YMHA)</b><br>105 Sderot Herzog<br>Gonen<br>Jerusalem 96344   | Tel: (02) 6494111<br>Fax: (02) 6788642   | ulpan boker                                   |
| <b>Beit Ulpana</b><br>6 Rehov Zerach Barnett<br>Har Nof<br>Jerusalem 95404          | Tel: (02) 6518896/7<br>Fax: (02) 6521544 | ulpan boker<br>(women only)                   |
| <b>Matnas Beit Lazarus</b><br>134 Derech Hevron<br>Jerusalem                        | Tel: (02) 6732626<br>Fax: (02) 6731885   | ulpan erev                                    |
| <b>Machon Lev</b><br>21 Rehov HaVa'ada HaLeumi<br>Jerusalem                         | Tel: (02) 6751255                        | ulpan boker                                   |
| <b>Machon Meir</b><br>2 Sd. HaMeiri<br>Jerusalem                                    | Tel: (02) 6536287                        | ulpan boker<br>for students of<br>Machon Meir |



| Address   | Telephone/Fax  | Course Types                                     |
|---|--|--|
| <b>Machon Tal/Gold</b><br>15 Rehov Hezkiyahu HaMelech<br>Jerusalem                        | Tel: (02) 5612499  | ulpan boker                                      |
| <b>Ulpan Baka</b><br>Baka Community Center<br>3 Rehov Issachar<br>Baka<br>Jerusalem 93629 | Tel: (02) 6734237<br>Fax: (02) 6718291                           | ulpan boker                                      |
| <b>Ulpan Beit Canada</b><br>27 Rehov David Raziel<br>Talpiot Mizrach<br>Jerusalem         | Tel: (02) 6734201  | ulpan boker<br>afternoon ulpan                   |
| <b>Ulpan Beit Ha'am</b><br>11 Rehov Bezalel<br>Nachlaot<br>Jerusalem 94591                | Tel: (02) 6254156/7<br>Direct: (02) 6240034<br>Fax: (02) 6234654 | ulpan boker                                      |
| <b>Ulpan Fanny Kaplan</b><br>20 Rehov Morris Fisher<br>Jerusalem                          | Tel: (02) 6783850<br>Fax: (02) 5821503                           | ulpan boker<br>afternoon ulpan<br>ulpan hemshech |
| <b>Ulpan Gilo</b><br>Gilo Community Center<br>14 Rehov Vardinon<br>Gilo - Jerusalem 93744 | Tel: (02) 6768886<br>Fax: (02) 6763028                           | ulpan boker                                      |
| <b>Ulpan Marshal</b><br>216 Rehov Yaffo<br>Jerusalem                                      | (02) 5388955   | ulpan boker                                      |
| <b>Ulpan Mitchell</b><br>15 Rehov Sokolov<br>Jerusalem 92144                              | (02) 5633378   | ulpan boker<br>ulpan boker                       |



| Address   | Telephone/Fax                     | Course Types                            |
|---|-----------------------------------|---|
| <b>Ulpan Morasha</b><br>(Touro College)<br>22 Rehov Shivtei Yisrael<br>Morasha<br>Jerusalem 95105                       | Tel: (02) 6281032                 | ulpan boker                             |
| <b>Ulpan Neveh Ya'akov</b><br>38A Sd. Neveh Ya'akov<br>Matnas Neveh Ya'akov<br>Neveh Ya'akov<br>Jerusalem 97350         | Tel: (02) 5834473                 | pensioners                              |
| <b>Ulpan Philip Leon</b><br>8 Rehov Chile<br>Kiryat HaYovel<br>Jerusalem 96832  | Tel: (02) 6414896                 | ulpan boker<br>afternoons<br>pensioners |
| <b>Ulpan Ramot Alon</b><br>6 Rehov Recanati<br>Ramot Bet<br>Jerusalem 97235   | Tel: (02) 5867662                 | ulpan boker                             |
| <b>Ulpanit HaOleh</b><br>Mitchell School<br>15 Rehov Sokolov<br>Talbieh<br>Jerusalem 92144                              | Tel: (02) 5637505<br>(02) 5618235 | ulpan boker<br>ulpan erev               |
| <b>VeCamta VeAlita</b><br>Mercaz Tikvateinu<br>Tikvateinu Building<br>5 Rehov HaMem-Gimmel<br>Romema<br>Jerusalem 94428 | Tel: (02) 5003088                 | Etgar<br>and Physicians                 |



| Address  | Telephone/Fax     | Course Types                                    |
|--|-------------------|---|
| <b>Ulpan Kibbutz Tzuva</b><br>D.N. Harei Yehuda 90870  | (02) 5347713      | kibbutz ulpan                                   |
| <b>Ulpan Ma'aleh Adumim</b><br>Matnas Ma'aleh Adumim<br>13 Rehov Midbar Yehuda<br>Ma'aleh Adumim 98330 | Tel: (02) 5418848 | ulpan boker<br>(pensioners)<br>vocational ulpan |
| <b>Ulpan Mevasseret</b><br>198 Rehov Yasmin<br>Mevasseret  | Tel: (02) 5338780 | ulpan boker                                     |
| <b>Ulpan Ofra</b><br>Midreshet Ofra  | Tel: (02) 9975411 | ulpan boker                                     |
| <b>Ulpan Pisgat Ze'ev</b><br>135 Sderot Moshe Dayan<br>Pisgat Ze'ev 97539                              | Tel: (02) 5831456 | ulpan boker                                     |

### **Jewish Agency Ulpanim**

|   |  |                                   |
|---|--|-----------------------------------|
| <b>Ulpan Etzion</b><br>6 Rehov Gad<br>Baka<br>Jerusalem 93622 | Tel: (02) 6734347<br>Fax: (02) 6733633 | ulpan boker<br>young<br>academics |
|---|--|-----------------------------------|

### **Tel Aviv and Gush Dan**

|   |                   |  |
|---|-------------------|--|
| <b>Ulpan Sharett</b><br>Rehov Y.L.Peretz<br>Bat Yam | Tel: (03) 5520072 | ulpan boker<br>ulpan erev<br>ulpan hemshech<br>ulpan<br>for pensioners |
|---|-------------------|--|





| Address  | Telephone/Fax                          | Course Types  |
|--|--|---|
| <b>Beit HaOleh-Holon</b><br>25 Rehov Ge'ulim<br>Holon 58821                        | Tel: (03) 5568531                      | ulpan boker<br>ulpan erev                                       |
| <b>Ulpan Achva</b><br>18 Rehov Borochoy<br>Rishon LeTzion                          | Tel: (03) 9662482                      | ulpan boker<br>ulpan erev<br>technological ulpan                |
| <b>Ulpan Gordon</b><br>Mercaz Goren-Goldstein<br>7 Rehov LaSalle<br>Tel Aviv 63409 | Tel: (03) 5223095<br>(03) 5223181      | ulpan boker<br>ulpan erev                                       |
| <b>Ulpan Ma'aleh</b><br>78 Rehov HaTikva<br>HaTikva<br>Tel Aviv 67121              | Tel: (03) 6879822<br>Fax: (03) 6397255 | ulpan boker<br>ulpan erev<br>ulpan hemshech<br>vocational ulpan |
| <b>Ulpan Degania</b><br>7 Rehov Lilianbloom<br>Tel Aviv                            | Tel: (03) 5170441                      | ulpan boker<br>ulpan<br>for health<br>professionals             |
| <b>Ulpan Yehud</b><br>144 Rehov Moliver<br>Yehud 56209                             | Tel: (03)6325018                       | ulpan boker   |
| <b>Central District</b>  |  |   |
| <b>Ulpan Ariel</b><br>5 Rehov Yehuda   | Tel: (03) 9061800                      | ulpan<br>boker for<br>pensioners<br>ulpan erev                  |



| Address  | Telephone/Fax  | Course Types   |
|--|--|--|
| <b>Ulpan Hadera</b><br>Mercaz Klita Beit Eliezer   | Tel: (04) 6206031                                    | ulpan boker<br>ulpan erev<br>ulpan for<br>academics<br>and computer<br>professionals     |
| <b>Ulpan for Immigrants</b><br>10 Rehov Jabotinsky<br>Hadera   | Call the<br>Hadera Municipality<br>Tel: (04) 6345975 | ulpan boker<br>ulpan erev  |
| <b>Mercaz Haskalat Mevugarim</b><br>1 Rehov HaRishonim<br>Givat Olga - Hadera                                | Tel: (04) 6341812<br>(04) 6330825/121                | ulpan hemshech   |
| <b>Ulpan Ironi Kfar Saba</b><br>4 Rehov Geller<br>Kfar Saba 44205  | Tel: (09) 7422491<br>Fax: (09) 7601643               | ulpan boker<br>ulpan erev<br>ulpan for<br>engineering<br>professionals<br>ulpan hemshech |
| <b>Ulpan Be'iri</b><br>Be'iri School<br>Rehov Bar Ilan<br>Netanya 42483                                      | Tel: (09) 8321902                                    | ulpan boker<br>ulpan erev  |
| <b>Ulpan Achad HaAm</b><br>18 Rehov HaPortzim<br>Petach Tikva  | Tel: (03) 9246752                                    | ulpan erev   |
| <b>Ulpan Akiva International<br/>Hebrew Study Center</b><br>3 Rehov Zalman Shazar<br>POB 6068<br>Ramat Poleg | Tel: (09) 8352312/4<br>Fax: (09) 8652919             | ulpan boker<br>ulpan erev  |



| Address  | Telephone/Fax     | Course Types   |
|--|-------------------|--|
| <b>Ulpan Ra'anana</b><br>13 Rehov HaSharon<br>Ra'anana 43351 | Tel: (09) 7745740 | ulpan boker<br>ulpan erev<br>ulpan for health<br>professionals |

## **Jewish Agency Ulpanim**

|  |                   |             |
|--|-------------------|-------------|
| <b>Mercaz Klita Kfar Saba</b><br>30 Rehov Moshe Dayan<br>Chatzrot Hadar<br>Kfar Saba 44539 | Tel: (09) 7671077 | ulpan boker |
|--|-------------------|-------------|

## **Haifa and Northern District**

|  |                   |             |
|--|-------------------|-------------|
| <b>Ulpan Afula</b><br>Mercaz Kehilati Afula<br>5 Rehov Omer<br>Afula 18308 | Tel: (04) 6591325 | ulpan boker |
|--|-------------------|-------------|

|  |                   |             |
|--|-------------------|-------------|
| <b>Ulpan Akko</b><br>Beit Hyman<br>16 Rehov Herzog<br>Akko 24763 | Tel: (04) 9812822 | ulpan boker |
|--|-------------------|-------------|

|   |                   |             |
|---|-------------------|-------------|
| <b>Ulpan Matnas Ilanot</b><br>2 Rehov Ilanot<br>Carmiel | Tel: (04) 9088274 | ulpan boker |
|---|-------------------|-------------|

|  |  |  |
|--|--|--|
| <b>Ulpan Beit Erdstein</b><br>Beit Erdstein<br>20 Rehov Y.L. Peretz<br>Hadar HaCarmel<br>Haifa 33041 | Tel: (04) 8627604<br>Fax: (04) 8623415 | ulpan boker<br>ulpan erev<br>ulpan<br>hemshech<br>pensioners |
|--|--|--|



| Address  | Telephone/Fax                     | Course Types                                     |
|--|-----------------------------------|--|
| <b>Ulpan Maon</b><br><b>HaStudentim</b><br>131 Rehov HaMeginim<br>Kiryat Eliezer<br>Haifa 35028                | Tel: (04) 8567643                 | afternoons                                       |
| <b>Ulpan Rambam</b><br>39 Rehov HaTichon<br>Neveh Sha'anana<br>Haifa 32292                                     | Tel: (050) 2200755                | ulpan boker<br>afternoon ulpan<br>ulpan hemshech |
| <b>Ulpan Matnas Katzrin</b><br>Matnas Katzrin<br>POB 147<br>Katzrin 12900                                      | Tel: (04) 6964111                 | ulpan boker<br>ulpan bet                         |
| <b>Ulpan Kiryat Ata</b><br>Beit Glazer<br>26 Rehov Jabotinsky<br>Kiryat Ata 28000                              | Tel: (04) 8446633                 | ulpan boker<br>ulpan erev                        |
| <b>Ulpan Kiryat Shmona</b><br>Matnas-Kiryat HaNoar<br>POB 442<br>Kiryat Shmona 11013                           | Tel: (04) 6941680                 | ulpan boker                                      |
| <b>Ulpan Ma'alot</b><br>Matnas Ma'a lot<br>2 Rehov Ma'aleh HaBanim<br>Ma'a lot 24952                           | Tel: (04) 9974048<br>(04) 9972782 | ulpan boker<br>ulpan for<br>retirees             |
| <b>Ulpan Migdal HaEmek</b><br>Matnas Migdal HaEmek<br>5 Rehov Ramat Yizra'el<br>POB 183<br>Migdal HaEmek 23000 | Tel: (04) 6541140                 | ulpan boker                                      |



| Address  | Telephone/Fax                          | Course Types                                |
|--|--|---|
| <b>Ulpan Matnas Naharia</b><br>Matnas Naharia<br>8A Rehov Achad HaAm<br>Naharia 22442          | Tel: (04) 9927455                      | ulpan boker<br>ulpan erev<br>ulpan hemshech |
| <b>Ulpan Naharia</b><br>6 Rehov Achad HaAm<br>Naharia 22442                                    | Tel: (04) 9927618<br>Tel: (04) 9926876 | ulpan boker                                 |
| <b>Ulpan Nazereth</b><br>Matnas Lavon<br>Beit HaOleh<br>7 Rehov Atzmon<br>Upper Nazareth 17000 | Tel: (04) 6566403                      | ulpan boker<br>ulpan erev                   |
| <b>Ulpan New York</b><br>16 Rehov Gilboa<br>Upper Nazareth 17000                               | Tel: (04) 6454201                      | ulpan boker                                 |

## **Jewish Agency Ulpanim**

|   |                       |   |
|---|-----------------------|---|
| <b>Mercaz Klita Sapir</b><br>14 Rehov Pinchas Sapir<br>Kiryat Yam 29000 | Tel/fax: (04) 8740255 | ulpan boker<br>ulpan erev<br>ulpan hemshech   |
| <b>Mercaz Klita Tabor</b><br>25 Rehov Carmel<br>Upper Nazareth 17000    | Tel: (04) 6571517/8   | ulpan boker<br>ulpan erev<br>conversion ulpan |
| <b>Mercaz Klita</b><br>9 Rehov Tzahal<br>Tzfat                          | Tel: (04) 6827479/80  | ulpan boker                                   |
| <b>Mercaz Klita Cana'an</b><br>P.O.B. 2031<br>Tzfat                     | Tel: (04) 6820381     | ulpan boker                                   |



## Jewish Agency Ulpanim

|   |                          |                         |
|---|--------------------------|-------------------------|
| <p><b>Ulpan Kibbutz Yagur</b><br/>Kibbutz Yagur</p> | <p>Tel: (04) 9848685</p> | <p>vocational ulpan</p> |
|---|--------------------------|-------------------------|

## Beer Sheva and Southern District

|   |                          |                    |
|---|--------------------------|--------------------|
| <p><b>Ulpan Matnas Daled</b><br/>Matnas Daled<br/>16 Rehov HaShayatim<br/>POB 5005*<br/>Ashdod 77441 (*77150)</p> | <p>Tel: (08) 8552721</p> | <p>ulpan boker</p> |
|---|--------------------------|--------------------|

|  |                          |   |
|--|--------------------------|---|
| <p><b>Ulpan Mercaz LeHaskalat Mevugarim</b><br/>Mercaz LeHaskalat<br/>Mevugarim<br/>54 Rehov HaAtzma'ut<br/>Ashdod 77452</p> | <p>Tel: (08) 8559882</p> | <p>ulpan boker<br/>afternoon ulpan<br/>ulpan erev</p> |
|--|--------------------------|---|

|   |                          |                    |
|---|--------------------------|--------------------|
| <p><b>Ulpan Beit Vosk</b><br/>Shvil HaLilach<br/>(Corner Johannesburg)<br/>Afridar<br/>Ashkelon 78443</p> | <p>Tel: (08) 6738170</p> | <p>ulpan boker</p> |
|---|--------------------------|--------------------|

|  |                          |                    |
|--|--------------------------|--------------------|
| <p><b>Ulpan Burton</b><br/>Matnas Burton<br/>32 Rehov Maimon<br/>Shimshon - Ashkelon 78233</p> | <p>Tel: (08) 6724272</p> | <p>ulpan boker</p> |
|--|--------------------------|--------------------|

|  |                          |  |
|--|--------------------------|--|
| <p><b>Ulpan Calanit</b><br/>Calanit Absorption Center<br/>307 Rehov Berger<br/>Ashkelon, 78211</p> | <p>Tel: (08) 6737373</p> | <p>ulpan boker<br/>TAKA<br/>pre-academic<br/>program</p> |
|--|--------------------------|--|



| Address  | Telephone/Fax     | Course Types                    |
|--|-------------------|---------------------------------|
| <b>Ulpan Michlelet Sapir</b><br>D.N. Hof Ashkelon  | Tel: (08) 6801535 | ulpan boker                     |
| <b>Ulpan Rogozin</b><br>6 Rehov Ben-Zvi<br>Ashkelon 78461  | Tel: (08) 6723034 | ulpan boker                     |
| <b>Ulpan Altschul</b><br>Altschul Student Dormitories<br>11 Rehov Yitzchak Sadeh<br>Beer Sheva 84230 | Tel: (08) 6654375 | ulpan boker<br>ulpan erev       |
| <b>Ulpan Dimona</b><br>Matnas Dimona<br>POB 500<br>Dimona 86104                                      | Tel: (08) 6559935 | ulpan erev                      |
| <b>Ulpan Eilat</b><br>HaMichlala LeMinhal<br>30 Rehov Hativat HaNegev<br>Eilat                       | Tel: (08) 6370077 | ulpan erev                      |
| <b>Ulpan Hemdat HaDaron</b><br>Michlelet HaDaraom<br>P.O.B. 412<br>Netivot 80200                     | Tel: (08) 9937661 | ulpan boker<br>for young people |
| <b>Ulpan Nitzana</b><br>D.N. Halutza 84900   | Tel: (08) 6561411 | ulpan boker                     |
| <b>Ulpan Revivim</b><br>Kibbutz Revivim<br>D.N. Halutza 85515  | Tel: (08) 6562495 | ulpan boker                     |
| <b>Ulpan Rotemim</b><br>D.N. Halutza 85515   | Tel: (08) 6573978 | ulpan boker                     |



| Address  | Telephone/Fax                    | Course Types  |
|--|----------------------------------|---|
| <b>Ulpan Talelim</b><br>D.N. Halutza 85545   | Tel: (08) 6579407                | ulpan boker   |
| <b>Ulpan HaNevi'im</b><br>Campus Nevi'im<br>POB 473<br>Kiryat Gat 82104                        | Tel: (08) 6601693<br>extension 3 | ulpan boker<br>for older<br>women<br>ulpan erev           |
| <b>Ulpan Kiryat Malachi</b><br>Sderot Ben-Gurion<br>Kiryat Malachi 83036                       | Tel: (08) 8581335                | ulpan boker   |
| <b>Ulpan-Michlala<br/>Ezorit Lod</b><br>Michlala Ezorit Lod<br>Rehov HaHashmonaim<br>Lod 71100 | Tel: (08) 9279044                | ulpan boker<br>ulpan erev                                 |
| <b>Ulpan Netivot</b><br>Rehov Yerushalayim<br>P.O.B. 55  | Tel: (08) 9932121                | ulpan boker   |
| <b>Ulpan Ofakim</b><br>Mercaz Haskalat<br>Mevugarim<br>Music Center Building<br>Ofakim         | Tel: (08) 9963511                | ulpan boker<br>ulpan erev<br>pensioners                   |
| <b>Ulpan Matnas Tikvateinu</b><br>20 Rehov Ben-Zvi<br>Ramle 72232                              | Tel: (08) 9221251                | ulpan boker   |
| <b>Ulpan Rehovot</b><br>2 Rehov Giborei Yisrael<br>Rehovot 76489                               | Tel: (08) 9459365                | ulpan boker<br>ulpan hemshech<br>ulpan erev<br>pensioners |





## Jewish Agency Ulpanim

|   |  |                                      |
|---|--|--------------------------------------|
| <b>Mercaz Klita Orly</b><br>29 Rehov Etrog<br>Arad  | Tel: (08) 9973672                          | ulpan boker                          |
| <b>Mercaz Klita Yafit</b><br>25 Rehov Yeshayahu<br>Arad 89022   | Tel: (08) 9956881                          | ulpan boker                          |
| <b>Ulpan Beit Canada</b><br>Beit Canada<br>1 Rehov Shavei Tzion<br>Ashdod 77285                         | Tel: (08) 8525207                          | ulpan boker                          |
| <b>Ulpan Beit Canada</b><br>Mercaz Klita Beit Canada<br>209 Rehov Bar Kochva<br>Barnea - Ashkelon 78503 | Tel: (08) 6732287<br>Fax: (08) 6738633     | ulpan boker                          |
| <b>Mercaz Klita Charuv</b><br>45 Rehov Gush Etzion<br>Beer Sheva  | Tel: (08) 6652091                          | ulpan boker                          |
| <b>Mercaz Klita Kalisher</b><br>13 Rehov Kalisher<br>Beer Sheva   | Tel: (08) 6230495                          | ulpan boker                          |
| <b>Mercaz Klita Nurit</b><br>Rehov Ba'alei HaTosafot<br>Beer Sheva 84619                                | Tel: (08) 6411033/1564<br>Fax: 08) 6439661 | ulpan boker<br>for<br>residents only |
| <b>Mercaz Klita Ye'elim</b><br>3 Sderot Ye'elim<br>Beer Sheva 84730                                     | Tel: (08) 6414955                          | ulpan for<br>academics               |



| Address  | Telephone/Fax     | Course Types |
|--|-------------------|--------------|
| Mercaz Klita Shoshana<br>25 Rehov HaAtzma'ut<br>Kiryat Gat | Tel: (08) 6885951 | ulpan boker  |



## A Brief Glossary

### People

|                               |                                       |                    |
|-------------------------------|---------------------------------------|--------------------|
| New immigrant                 | <i>oleh hadash/olah hadasha</i>       | עולה חדש/עולה חדשה |
| Personal absorption counselor | <i>yoetz/yoetzet klita ishi/ishit</i> | יועץ/ת קליטה אישית |
| Student                       | <i>talmid/talmida</i>                 | תלמיד/תלמידה       |
| Teacher                       | <i>moreh/morah</i>                    | מורה/מורה          |

### Places

|                                      |                                   |                     |
|--------------------------------------|-----------------------------------|---------------------|
| Absorption Center                    | <i>mercaz klita</i>               | מרכז קליטה          |
| Class/classroom                      | <i>klita</i>                      | כיתה                |
| Continuing Ulpan                     | <i>ulpan hemshech</i>             | אולפן המשך          |
| Conversion Ulpan                     | <i>ulpan giyur</i>                | אולפן גיור          |
| External Ulpan                       | <i>ulpan extrani</i>              | אולפן אקסטרני       |
| Initial Ulpan                        | <i>ulpan aleph</i>                | אולפן אלף           |
| The Ministry of Immigrant Absorption | <i>HaMisrad LeKlitat HaAliyah</i> | המשרד לקליטת העלייה |
| Vocational Ulpan                     | <i>ulpan ta'asukati</i>           | אולפן תעסוקתי       |

### Things

|                  |                      |            |
|------------------|----------------------|------------|
| Book             | <i>sefer</i>         | ספר        |
| Desk             | <i>shulchan</i>      | שלחן       |
| File             | <i>tik</i>           | טיק        |
| Hike/Trip        | <i>tiyul</i>         | טיול       |
| Identity Card    | <i>te'udat zehut</i> | תעודת זהות |
| Immigrant's Card | <i>te'udat oleh</i>  | תעודת עולה |
| Notebook         | <i>machberet</i>     | מחברת      |
| Pen              | <i>et</i>            | עט         |
| Pencil           | <i>iparon</i>        | עפרון      |
| Test             | <i>mivchan</i>       | מבחן       |

### Activities

|             |                |       |
|-------------|----------------|-------|
| To Learn    | <i>lilmode</i> | ללמוד |
| To Read     | <i>likroe</i>  | לקרוא |
| To Remember | <i>lizcor</i>  | לזכור |
| To Speak    | <i>lidaber</i> | לדבר  |
| To Write    | <i>lichtov</i> | לכתוב |



## Useful Addresses and Telephone Numbers

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Telephone numbers and some addresses change frequently in Israel. Consult the latest telephone directory or information operator if you do not reach a number listed here. When a telephone number has been changed, there may not be a recorded message noting the change. Thus, if the number continues to be unanswered, check whether it is still in use.

Address

Telephone/Fax

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### Ministry of Immigrant Absorption

Selected list

[www.moia.gov.il](http://www.moia.gov.il)

E-mail: [info@moia.gov.il](mailto:info@moia.gov.il)

### Hebrew Language Reinforcement Website

[hebrew.moia.gov.il](http://hebrew.moia.gov.il)

#### Main Office

2 Rehov Kaplan  
Kiryat Ben Gurion  
POB 13061  
Jerusalem 91130

National Telephone  
Information Center

Tel: (02) 9733333

Returning Residents Division  
2 Rehov Kaplan  
Jerusalem

Tel: (02) 6750365

Jerusalem and Southern District  
Headquarters  
(Also the Student Authority)

15 Rehov Hillel  
Jerusalem 94581

Tel: (02) 6214555  
Fax: (02) 6222807



| Address  | Telephone/Fax                                  |
|--|--|
| Student Authority<br>Department of Academic Studies  | Tel: (02) 6214601                              |
| English Desk:<br>naomis@moia.gov.il  | Tel: (02) 6214589<br>Fax: (02) 6242130         |
| Publications Department  | Tel/Fax: (02) 6241585                          |
| Haifa and Northern District<br>Headquarters<br>(Also the Student Authority)<br>15 Sderot HaPalyam<br>Haifa 33095                           | Tel: (04) 8631111<br>Fax: (04) 8631110         |
| Student Authority  | Tel: (04) 8631161                              |
| Tel Aviv and Central District<br>Headquarters<br>(Also the Student Authority)<br>6 Rehov Esther HaMalka<br>Tel Aviv 64398                  | Tel: (03) 5209111<br>Fax: (03) 5209153         |
| Student Authority  | Tel: (03) 5209155<br>Fax: (03) 5209178         |
| Beer Sheva and Negev District<br>Headquarters<br>(Also the Student Authority)<br>Beit Oshira<br>31 Rehov Zalman Shazar<br>Beer Sheva 84105 | Tel: (08) 6261231/228/230<br>Fax: (08) 6261240 |
| Student Authority  | Tel: (08) 6261231<br>Fax: (08) 6261240         |



## Ministry of Education Unit for Absorption of Immigrant Teachers

22 Rehov Kanfei Nesharim  
Givat Shaul  
Jerusalem 95104

Tel: (02) 5601637

2 Rehov HaShlosa  
Yad Eliyahu  
Tel Aviv 61092

Tel: (03) 6896308

15 Rehov Palyam  
Kiryat HaMemshela  
Haifa

Tel: (04) 8632666

Kiryat HaMemshela  
Nazareth Illit

Tel: (04) 6500111

4 Rehov HaTikva  
Beer Sheva

Tel: (08) 6263333

## Kibbutz Movements

### Joint TAKAM and Kibbutz HaArtzi

Absorption Department

Tel: (03) 5301255  
(03) 6352961

[www.kba.org.il](http://www.kba.org.il)  
[info@kibbutzulpan.org](mailto:info@kibbutzulpan.org)  
1 Rehov Hayasmin  
Ramat Efal 52960



## Address

## Telephone/Fax

**HaKibbutz HaDati**  
(Religious Kibbutz Movement)  
www.kdati.org.il  
mesimot@kdati.org.il  
7 Rehov Dubnov  
Tel Aviv 64732

Tel: (03) 6072777

## **The Jewish Agency Aliyah and Absorption Division**

www.jafi.org.il

Main Office  
48 Rehov King George  
Jerusalem

Tel: (02) 6202222

Aliyah Division  
42 Rehov Hamelech George  
Tirat Bat Sheva Hotel  
Jerusalem

Tel: (02) 6204359/09/02/62/305

Public Inquiries  
48 Rehov King George  
Jerusalem

Tel: (02) 6202347

## **Jewish Agency Information Centers**

1 Rehov Shavei Zion  
Beit Canada  
Ashdod

Tel: (08) 8565873/5



| Address   | Telephone/Fax             |
|---|---------------------------|
| 11 Rehov HaPalmach<br>Altshul Absorption Center<br>Beer Sheva | Tel: (08) 6288562/6231610 |
| 131 Sd. Hamaginim<br>Aba Hushi Absorption Center<br>Haifa     | Tel: 04) 8567602/6        |
| 34 Rehov Ben Yehuda<br>City Tower Bld.<br>Jerusalem           | Tel: (02) 6202417/251     |
| 33 Rehov HaMelech George<br>Ramat Aviv                        | Tel: (03) 6208734         |

## **Bureau for the Evaluation of Foreign Academic Degrees and Diplomas of the Ministry of Education**

E-mail: [diplome@education.gov.il](mailto:diplome@education.gov.il)

|  |                     |
|--|---------------------|
| 2 Rehov Devorah<br>Jerusalem           | Tel: (02) 5602853   |
| 71 Rehov Jabotinsky<br>Ramat Gan 52544 | Tel: (03) 6931856/7 |





## English-Speaking Immigrant Organizations

### Association of Americans and Canadians in Israel (AACI)

www.aaci.org.il  
info@aaci.org.il

6 Rehov Mane  
Jerusalem 92227

Tel: (02) 5617151  
Fax: (02) 5661186

76 Rehov Ibn Gvirol  
POB 16266  
Tel Aviv 61162

Tel: (03) 6965244/65/6/7  
Fax: (03) 6967049

28 Rehov Shmuel HaNatziv  
Netanya 42281

Tel: (09) 8330950  
Fax: (09) 8629183

Matnas "Yud Aleph"  
Rehov Mordechai Namir  
Beer Sheva 84483

Tel: (08) 6433953  
(08) 6434461

### UJIA Israel (Incorporating Olim from Britain, Australia, and New Zealand)

76 Rehov Ibn Gvirol  
POB 16266  
Tel Aviv 61162  
E-mail: Israel@UJIA.org.il

Tel: (03) 6965244/65/6/7  
Fax: (03) 6967049

6 Rehov Mane  
Jerusalem 92227  
E-mail: jerusalem@ujia.org.il

Tel: (02) 5617151  
Fax: (02) 5661186



## Address

## Telephone/Fax

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Mercaz Klita  
P.O.B. 348

Tel: (04) 9904232

Carmiel

E-mail: [karmiel@ujia.org.il](mailto:karmiel@ujia.org.il)

### South African Zionist Federation

[www.telfed.org.il](http://www.telfed.org.il)

[telfed@inter.net.il](mailto:telfed@inter.net.il)

Head Office  
19/3 Rehov Schwartz  
First Floor  
Ra'ananna 43212

Tel: (09) 7446110

Fax: (09) 7446112

13 Sderot Ben Maimon  
Jerusalem 92223

Tel: (02) 5634822

Fax: (02) 5663193

### ESRA – English Speaking Residents Association

[www.esra.org.il](http://www.esra.org.il)

[esra@trendline.co.il](mailto:esra@trendline.co.il)

POB 3132  
Herzliya 46104

Tel: (09) 9580632

Fax: (09) 9581583





## Other Available Publications

The following booklets are available from the Publications Department. To order, simply indicate the booklets you wish to receive and return the order form to the Publications Department, English Section, Ministry of Immigrant Absorption, 15 Rehov Hillel, POB 13061, Jerusalem 91130. The publications will be mailed to you free of charge.

- Guide for the New Immigrant
- The Absorption Basket
- National Insurance Institute
- Housing
- Employment
- Education
- First Steps
- Guarding Your Health in Israel
- Health Services in Israel
- The Life Cycle in Israel
- A Guide to Higher Education
- Military Service
- Artists and Writers
- Accountants
- Computer and Hi-Tech Professionals
- Engineers and Architects
- Lawyers
- Medical Professionals
- Nurses
- Psychologists
- Scientists and Researchers
- Social Workers
- Teachers
- Transportation Services in Israel
- Where to Turn
- Information for Olim Newspaper
- Shiluv Magazine
- ConsumerFocus Magazine
- Assistance for Victims of Enemy Actions
- Vocational Guidance Centers

Name \_\_\_\_\_

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